

# THE 'HOOPS' NEWS



Senior, Kat Sutton is having an excellent indoor season so far. In the Inter-varsity meeting at Birmingham, Kat ran 58.74. Then on the 19<sup>th</sup> February in Sheffield, Kat broke her PB again, running 58.57, this amazingly broke a club record that has stood since 1979

On Sunday 6<sup>th</sup> February 2011 twelve Dartford Harriers ran in the Ashford and District 10k. With a field of 759 runners, the following results were achieved.

Daniel Pyne 36.27  
 Tony Farmer 45.07  
 Mick Cox 51.41  
 Chris Rust 53.33  
 Markus Graves 53.57  
 Ken Pickett 1.02.18  
 Syd Goodwin 1.03.27  
 Janet Pyne 1.03.28  
 Sihan Huang 1.12.02  
 Lisa Nichols 1.17.54  
 Eydna Bungay 1.17.54  
 Eunice Mctigue 1.17.54

On the 12th February the final Kent Cross Country race took place at Swanley.

**A SPECIAL MENTION GOES TO BEN MATTHEWS, ELLEN ANDERSON AND CASEY PORRITT WHO COMPETED IN ALL MEETINGS.**

U/13 Girls: Chloe Sharp 21st

U/15 Girls: Ellen Anderson 6th (8th overall from 4 races), Cassie Benson 17th (21st overall, from 3 races).

U/17 Women: Casey Porritt 6th (5th overall from 4 races)

U/13 Boys: Callum Ward 4th (14th overall from 3 races)

U/15 Boys: Ben Matthews 11th (6th overall from 4 races), Christopher Bishop 26th

Senior Men: Andrew Pickett 13th, Tony Durey 22nd, Stuart Waterman 51st, Frank Hudson 61st, Tim Orr 69th, Steve Hickmott 80th, Paul Hills 99th.

## ATHLETE PROFILE

**Name:** Doug Christie

**Age:** 45

**Coach:** Ian Taylor

**Favourite Event:** 400m hurdles

**Favourite PB:** 51.5s in 400m at Crystal Palace in 1981

**How did you get involved with athletics?** A friend joined the club in 1976 and I joined the same year when he started beating me

**What is your biggest achievement so far in athletics?** Probably the 2 promotions to Div 1 as manager of the Senior Mens team in 2004 and 2010

**What is your favourite training session?** 250s - anything shorter is too quick and anything longer is too hard.

**Who is your athletics hero?** Jesse Owens  
 There's a great book telling the untold story of how straight after the 1936 Berlin Olympics the segregationist US Athletics Federation banned him from competing and he finished up racing horses and greyhounds to survive.

**What are your goals and dreams?** This year it will be a top half finish for the Senior Men's team and staying injury free myself.

**Who are your biggest supporters?** My 4 children including Lindsey who competed for the club and now runs in the UK Women's League and Ewan who has started coming down the track and wants to join the Dartford Dashers.

**Any other comments?** It was good to see so many good U17's and Junior Men coming through and competing for the Senior Men last year. If we can keep that up this year we'll have another good season.



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The final meeting of the Kent Fitness League at Oxleas Woods, Welling took place on Sunday 20th February. It was a challenging hilly course with very slippery underfoot conditions. First to finish for the Harriers was **Andrew Pickett** in 4<sup>th</sup>, followed by **Tony Durey** in 19th. **Leon Goodwin** was 45th, **Frank Hudson** 58th, **Steve Hickmott** 77th, **Ruth Ward** 99th, **Julie Hibbard** 207th, **Jenny Goodwin** 214th, **Folly Golding** 244<sup>th</sup> and **Maureen Farmer** 249th.

The BMAF Pentathlon and open meeting took place on the 13<sup>th</sup> February at Lee Valley with the following results.

**Teresa Eades**

PV - 2.30 1<sup>st</sup>

LJ - 3.76 1<sup>st</sup>

HJ - 1.27 1<sup>st</sup>

TJ - 8.77 1<sup>st</sup>

**Gary Capon**

6<sup>th</sup> in the pentathlon with 2291pts

60mh - 12.02

LJ - 4.85

SP - 8.42

HJ - 1.59

1000m - DNF

The Southern Counties Veterans A.C Indoor Championships were held at Lee Valley on the 20th February.

**W35: Kirstie Taylor** 60m 8.4 1<sup>st</sup>, 200m 28.3 1<sup>st</sup>. **W50: Teresa Eades** High Jump 1.30 1<sup>st</sup> (Championship Best Performance), Pole Vault 2.00 1st. **Pat Halstead** 800m 2:58.4 1<sup>st</sup>.

**M50: Gary Capon** High Jump 1.60 1<sup>st</sup> (Championship Best Performance), 60m 8.3 3<sup>rd</sup>, **John Fenton** shot 11.09 2<sup>nd</sup>, **Mike Nunn** 60m 8.9 2<sup>nd</sup>, 200m 29.5 5<sup>th</sup>. **M70: Arthur Kimber** 400m 84.1 2<sup>nd</sup>.

**SWEATSHIRTS AVAILABLE TO ORDER NOW!!!!!!!!!!!!**

**CARA OLIVER (SEEN RIGHT) MODELLING MY SWEATSHIRT (HENCE THE INITIALS).**

**THEY ARE £20 EACH, THIS INCLUDES THE LOGO AND YOUR INITIALS. THEY COME IN SMALL, MEDIUM, LARGE AND X-LARGE**

**TO ORDER PLEASE CONTACT CARA OLIVER ON [dartfordharriersac@gmail.com](mailto:dartfordharriersac@gmail.com) OR JUST CATCH HER AT THE TRACK BEFORE OR AFTER TRAINING AND SHE'LL BE HAPPY TO SORT OUT YOUR REQUEST. REMEMBER TO SPECIFY SIZE AND INITIALS!**





# THE 'HOOPS' NEWS

**DON'T FORGET IF YOU'RE A FEMALE 35 YEARS OR ABOVE YOU ARE INVITED TO COME ALONG AND TRY ATHLETICS.**

**IT'S AN OPPORTUNITY TO TRY EVENTS THAT YOU'VE NEVER DONE BEFORE. IF YOU'RE RUNNER WHO WANTS TO SEE IF YOU CAN THROW A SHOT OR A LONG JUMPER WHO WANTS SEE IF SHE CAN RUN A 400M, COME AND TRY! YOU ARE ALSO WELCOME IF YOU'VE PARENT, COACH, OFFICIAL WHO HAS NEVER DONE ATHLETICS BEFORE.**

**ANNE GOAD (THE FEMALE VETS TEAM MANAGER) IS HEADING UP THE SESSIONS ON SUNDAY 13<sup>TH</sup> MARCH FROM 10:00. ANNE'S CONTACT NUMBER IS 07815 557839**

## **An opportunity to meet Linford Christie**

Linford Christie will officially be opening KTB, an established Physiotherapy & Sports Injury Clinic situated in 1-2 Bourne Road, Bexley Village, DA51QL. They have kindly invited Dartford Harrier members along. It takes place on Tuesday 15th March between 17:00 and 19:00. Linford will be available to answer questions on training, coaching, competition and to give general advice. If you would like to attend, you must let me know no later than Friday 11<sup>th</sup> March.

<http://www.pilatesandtherapy.co.uk>

FIXTURE LIST AND OPEN MEETING DETAILS NOW AVAILABLE ON THE WEBSITE

[www.dartfordharriersac.co.uk](http://www.dartfordharriersac.co.uk)