



Schools at Somerhill TN11 0NJ

12:00	Under 13 Girls	2.5km	one full lap
12:20	Under 13 Boys	3km	start lap + one full lap
12:40	Under 15 Girls	3km	start lap + one full lap
13:00	Under 15 Boys	4km	medium lap + one full lap

The Start & Finish may be differently oriented.

13:20	Under 17 & 20 Women	4km	medium lap + one full lap
13:40	Under 17 & 20 Men	5km	two full laps
14:00	Senior & Veteran Women	5km	two full laps
14:30	Senior & Veteran Men	10km	medium lap + three full laps